

**LIVE – LEARN – CARE****Principal's Message**

Welcome to week five at Seaham Public School. It has certainly been a challenging week. We were fortunate not to be directly impacted by bushfires, however we are still monitoring the situation closely and fully realise that the situation can quickly change. Our thoughts are with school communities that have been impacted by these events. We are still seeing a lot of smoke in the area. We monitor this situation daily and keep students inside during breaks if the smoke is excessive.

Rotary Debate - On a brighter note I had the pleasure of attending the Rotary Debate final on Monday evening. Our team of Hamish, Amy, Marlee and Shae did an outstanding job and were narrowly defeated by a Grahamstown team who are performing well at state level. Thank you to Mrs Imber who gives up a lot of her time and energy to work with this exceptional group and others throughout the year.

Community PBL/Christmas Spectacular - Community PBL has wrapped up for the year. Well done again to all those worthy recipients who have been spotted upholding our school PBL values. Thank you to Mr Eagleton and those wonderful students who were able to attend the Christmas Spectacular last Sunday. Thank you Jack, Ryan, Hayden, Marlee, Lacey, Baeleigh and Grace for giving up your Sunday and marching proudly behind our flag. (see back page for photo)

Aboriginal Awards - The AECG awards will be held at Murrook Cultural Centre next Thursday evening. I have pleasure in announcing Kanye Knox and Maggie Lilley as award recipients for 2019. Both students were nominated by teachers for their involvement and dedication to their own learning. Well done.

**Dates For Diaries 2019**

Thursday 21 November
PBL - KL Assembly 2:15pm

Friday 22 November
PBL Reward Day

Monday 25 November
Leaders Speeches

Tuesday 3 December
Orientation Day
All Public High Schools

Wednesday 4 December
Presentation Night

Tuesday 10 December
Year 6 Farwell

Thursday 12 December
Surf Safe

Wednesday 18 December
Last day of term
Happy holidays!

School Resumes 2020
Tuesday 28 January 2020
Teachers Return

Wednesday 29 January 2020
Students return
(Year 1 to Year 6)

YEAR 5 PARENTS AND CARERS

We are looking for volunteers to help decorate our school hall for the Year 6 farewell. If you can spare some time and are able to help please contact the school office, Mr Eagleton or Mr Bennett. As in previous years, Year 5 students are asked to provide a small plate for supper to share. The school will provide the Year Six cake. Students will receive a note with more information.

Mr Eagleton & Mr Bennett

CANTEEN

CANTEEN HOURS - TERM 4

MONDAY: LUNCH ORDERS AVAILABLE

Canteen Open - 11:45am - 12:30pm
Snacks Only - 1:35 - 2pm

TUESDAY: SNACKS ONLY - 1:35 - 2pm

WEDNESDAY: LUNCH ORDERS AVAILABLE

Canteen Open - 11:45am - 12:30pm
Snacks Only - 1:35 - 2pm

THURSDAY: SNACKS ONLY - 1:35 - 2pm

FRIDAY: LUNCH ORDERS AVAILABLE

Canteen Open - 11:45am - 12:35pm
Snacks Only - 1:35 - 2pm

CANTEEN ROSTER

Friday 15 Nov
Liz & Chrissy

Monday 18 Nov
Kim & Laura

Tuesday 19 Nov
Jade Mc

Wednesday 20 Nov
Jess S, Bec V

Thursday 21 Nov
Jess Botha

Friday 22 Nov
Chrissy & Lisa M

VOLUNTEERS URGENTLY NEEDED

**MUMS, DADS,
FRIENDS, CARERS, NANS & POPS
ANY TIME IS GREATLY APPRECIATED**

**If you are able to contribute a small amount of
your time volunteering in our school canteen, our
students would greatly appreciate it.**

**Please contact
Alison Taylor on 0468 742 214.**

SCHOOL24

www.school24.net.au

REGISTRATION

Go to: www.school24.net.au

Press the **blue** registration button to create your account. Enter your unique school ID number to help us match your account with your school.

School Name registration ID:: 25376963

You will then be asked to complete your personal details. Once completed click **Create Account**.

POP PAYMENTS

Parent Online Payments (POP) is an option for families to make payments to the school. This is a secure payment page hosted by Westpac whereby you can pay using a Visa/Mastercard credit or debit card. The payment is accessed from the front page of the schools website by selecting **\$Make a Payment**.

Due to enrolled children's life threatening Anaphylactic Allergic reactions to all nuts and peanut products, we would like to encourage families not to send these products to school with their children. These include peanut butter, nutella, sesame seeds, loose nuts, muesli, nut or chocolate bars or any products containing any type of nuts. We appreciate your support in this matter.

ROTARY DEBATING COMPETITION

On the 10 November, the Seaham Debating Team versed Grahamstown Public School at Muree Golf Club in the Rotary Debating Competition. The topic was "**All schools should provide lunch and recess**". Seaham was the affirmative. Unfortunately Seaham lost the debate, however we still received a cheque for \$200 from the Rotary Club. It was a fantastic night.

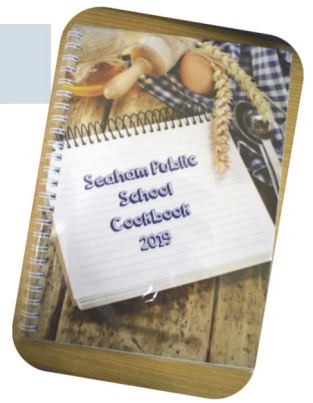
Well done Seaham!

Hamish Witcomb



SEAHAM SCHOOL COOKBOOK

Our **Seaham School cookbook** is still available for purchase.
Lots of wonderful recipes enclosed. Cost \$20.
Please contact the school office or pay on POP.



LOST PROPERTY



There is property left over from our sweets and treats stall at the fete. If you are missing a large cooler bag or Décor cake containers please contact the school office.

PBL REWARD DAY

All students will be participating in Ten Pin Bowling for the end of year PBL reward day, on Friday 22 November at Raymond Terrace Bowling Alley. Students will attend in class groups throughout the day. There will be **no cost** to students and travel will be on a seat belted bus. Students will eat their lunch and recess at school before or after bowling times. They will also receive a treat at school as part of their reward. Students **will not** be able to purchase from the shop at the bowling alley.
This will be an out of uniform day.



Good for Kids good for life

TIPS TO HELP KIDS EAT VEGGIES



ADD TO EVERY MEAL

Salad on sandwiches/wraps



Offer cut up veggies as snacks



Fill half the plate with veggies



ENCOURAGE YOUR CHILD

Show them you like eating veggies too



Add veggies to food they already like



Be positive and patient. It takes 10 to 15 times to like a new food



TRY A VARIETY

Fresh, Frozen, canned, raw or cooked



Different colours



Buy in season

EAT MORE VEGETABLES and fruit

Vegetables and Fruit taste great and keep us healthy. Everyone should eat Fruit and veggies every day. Most kids eat Fruit each day but they don't eat enough veggies.*

*Australian Bureau of Statistics (National Health Survey, 2014-15)



**MAKE
HEALTHY
NORMAL**

This resource has been developed by Western Sydney Local Health District, published November 2018



Health
Hunter New England
Local Health District

HNELHD-GoodForKids@health.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>



Clare Harding: Clare is known by her friends as Clare Bear. Clare will be attending St. Peter's High School in 2020. She would like to become a Professional Sportsperson, Nurse or a Vet. Clare's favourite movie is 'Austin Powers' and her favourite TV show is 'Dogs Behaving Very Badly'. Clare's favourite food is fried rice. Her favourite animal is a dog. Clare's favourite accessory is her phone. Clare's favourite games are slide hockey and soccer and her favourite colours are aqua and yellow. Clare's proudest moment at Seaham School was becoming 11 year Girls Champion Runner. Some of Clare's closest friends include Asha, Isabelle, Lilly, Jasmin, Jasmine, Chelsea, Kanye, Jacinta, Joe, Jimmy and Alex. Clare will miss all her friends, teachers and cousins.

Isabella Broad: Izzy or Gasalottol is how Isabella is known by her friends. Isabella will be attending Maitland High School in 2020. She would like to become a Vet. Isabella's favourite movie is 'Ride Like a Girl' and her favourite TV show is 'Home and Away'. Isabella's favourite food is ice-cream. Her favourite animal is a horse and her favourite accessory is her scrunchie. Izzy's favourite game is netball and her favourite colour is aqua. Isabella's proudest moment at Seaham School was becoming 11 years Age Swimming Champion 2019. Some of Isabella's closest friends include Jaz M, Chelsea, Asha, Jaz G, Clare, Kanye, Alex, Jimmy, Joe and Lilly. Isabella will miss all her friends.

Lilly Imber: Lilly is known as Lil or Clumz to her friends. Lilly will attend St. Peter's High School in 2020. Lilly's favourite food is Sushi. Her favourite animal is a dog. Lilly's favourite accessory is her phone. Her favourite game is netball and her favourite colour is light blue. The proudest moment for Lilly at Seaham School was being elected as School Captain for 2019. Some of Lilly's closest friends include Jaz M, Clare, Jaz G, Asha, Isabella, Chelsea, Annaliese, Cindy, Taytum and Sophie. Lilly will miss all of Year 6.

Asha Collins: Asha is known by her friends as Ash or Sinks. Asha will be attending Dungog High School in 2020. She would like to become a Nurse, Paediatrician or Vet. Asha's favourite movie is 'Paul Blart Mall Cop' and her favourite TV show is 'Modern Family'. Asha's favourite food is Sushi and her favourite animal is an elephant. Asha's favourite accessories are her slippers. Her favourite game is netball and Asha's favourite colour is aqua. Asha's proudest moment at Seaham School was being elected as School Vice Captain in 2019. Some of Asha's closest friends include Clare, Jasmin G, Isabella, Jasmine M, Chelsea, Jimmy, Alex, Joe, Kanye, Jadah, Lilly and Tilly. Asha will miss all her friends.

Chelsea Cole: Chels or Skiddiez as she is known by her friends. Chelsea will be attending Hunter School of Performing Arts High School in 2020. She would like to become a Vet or a Human Rights supporter. Chelsea's favourite foods are lollies and bacon. Her favourite animal is a dog and her favourite accessories are her earrings. Chelsea's favourite games are touch football and slide hockey and her favourite colour is light blue. Chelsea's proudest moment at Seaham School was being elected as Minister for Health and House Captain for Dixon in 2019. Some of Chelsea's closest friends include Izzy, Jasmine M, Jasmin G, Asha, Clare and Lilly. Chelsea will miss all her friends.

Amelia Dawes: Mim, Mia as known by her friends. Amelia will be attending St. Phillip's High School in 2020. She would like to become a mum. Amelia's favourite movie is 'Pitch Perfect 3' and her favourite TV show is 'Friends'. Amelia's favourite food is lollies. Her favourite animal is a giraffe. Amelia's favourite accessory is her phone, her favourite game is skipbo and her favourite colour is light blue. Amelia's proudest moment at Seaham School was being elected as House Vice Captain of Carmichael and Bus Monitor in 2019. Some of Amelia's closest friends include Taytum, Madi, Sophie, Kanye, Jacinta, Cindy and her buddies. Amelia will miss everybody.

COMMUNITY PBL/CHRISTMAS SPECTACULAR

